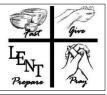
The First Sunday of Lent - 18th Fedruary 2024



Sixmileoridge + Kilmurry Darish Newsletter Fr. Damien Nolan 086-8396636 Fr. Harry Bohan 086-8223362 Sacristan: Kilmurry Anne Marie Sheedy Parish Office 061-713682 email: office@sixmilebridgeparish.ie



Parish Office Tues - Fri. 10.00 a.m. - 12.00 Noon For Booking of Masses, Baptisms & Weddings. Baptisms take place at 12.00 Noon on Sundays in Sixmilebridge + Kilmurry

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In Loving Memory

We remember all our loved ones and especially those whose anniversaries occur at this time. May they all Rest in Peace.

Sat. 17th	7.00 p.m.	Tadhg Corbett (Months Mind)
Sun. 18th	10.00 a.m.	Betty O'Keeffe
	11.00 a.m.	Angela + Frank Glynn
		Breda levers
		PaJoe Hurley
Sat. 24th	7.00 p.m.	Mona, Paddy + Frank O'Halloran
		Tracy Phelan
Sun. 25th	10.00 a.m.	Tom + Bridget Fleming
	11.00 a.m.	Joan Reddan

Eucharistic Ministers: Sixmilebridge next week Team D

If anyone, sick or housebound would like Fr. Damien to call and visit, please let him know on 086-8396636 or contact the Parish Office 061-713682

Sixmilebridge Apostolic Work Society Celebrating Golden Jubilee 50 Years in our Parish Annual

Display of items crafted for the Missions over the winter months on Sunday March 3rd 2024 in the Parochial Hall. If anybody is interested in donating a Sacred Vessel for use on the Missions, they can do so by contacting Mai Frost on 086-2173710 or Maureen tobin on 086-3369899.

The Annual Matt Talbot Novena will continue on Wednesday, 21st February 2024 at 7:00PM Tulla Church with Mass and Benediction. Fr Martin Shanahan will lead us in the service of healing with celebration of the sacrament of the sick

OUR LENTEN JOURNEY

ASH WEDNESDAY - LENT BEGINS Emphasises our mortality and our need for ongoing repentance.

PALM SUNDAY

Commemorates Jesus' triumphal entry into the city of Jerusalem.

HOLY THURSDAY Celebrates the Last Supper with the Disciples and Passover.

GOOD FRIDAY

We remember the Passion and Jesus Sacrifice for us on the cross.



DAYS OF FASTING Ash Wednesday + Good Friday WHAT IS FASTING... One full meal and two smaller meals. DAYS OF ABSTINENCE Ash Wednesday + Good Friday WHAT IS ABSTINENCE..... No meat.

40 The 40 days of Lent represent our Lord's 40 days in the wilderness at which point He was tempted by Satan.

Lent – What to give up ...

Give up complaining – focus on gratitude Give up pessimism - become an optimist Give up harsh judgements - think kindly thoughts Give up worry – trust Divine Providence Give up discouragement – be full of hope **Give up bitterness** – turn to forgiveness Give up hatred - return good for evil Give up negativism - be positive **Give up anger** – be more patient **Give up gloom** – enjoy the beauty that is all around you Give up jealousy – pray for trust **Give up gossiping** – control your tongue Give up sin – turn to virtue Give up giving up - hang in there

Secretary: Puff O'Connor 087-2204820 website: www.sixmilebridgeparish.ie

Confirmation Programme "You Shall be my Witnesses" fourth night of programme will take place on Sunday night. Well Done! to all involved.

In preparation for *First Holy Communion - Family Mass* next Saturday night the children who will receive the Eucharist this year will take an active part in the Liturgy.

St. Patrick's Day Parade Group will hold a Pub Quiz night on 1st March in The Grevhound Bar!. Funds are vital to help run the parade this year.

Sixmilebridge G.A.A. Club Lotto: Numbers drawn 2 22 32 33 New Jackpot €19.200

National Spring Clean Sixmilebridge - Sat. April 13th

Castlewood Players present the hilarious comedy Wake in the West in the Community Hall Cratloe on: Friday & Saturday February 23rd &24th Friday & Saturday March 1st + 2nd, 8th + 9th Curtain 8 p.m.nightly. Complimentary refreshments served at interval.

Diocesan Pilgrimage to Lourdes direct from Shannon Airport will be from Friday 21st June to Wednesday 26th June and our Autumn Pilgrimage from Monday 30th Sept. to Sat. 5th Oct.

Bereavement Support Information Evening will take place in Milford Care Centre, Education Department on Tue 27th February 2024 from 7pm - 8.30pm. The evening will comprise of: Short talk by a Bereavement Counsellor, Different experiences of Grief, Services available, Question Time.

Are you caring for a loved one at home with additional needs? Become a member of Family Carers Ireland, Contact 057 93 70221 or for more info visit www.familycarers.ie.

"The Rose and the Thorn are companions. Do not complain about the thorn, but appreciate the Rose. The Rose and the Thorn are both part of life, and teach us to balance joy and sorrow" Rum





