



Sixmilebridge + Kilmurry Parish Newsletter



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Parish Office

Mon - Fri. 10.00 a.m. - 12.00 Noon

For Booking of Masses, Baptisms & Weddings.
Baptisms take place at 12.00 Noon on Sundays in
Sixmilebridge + Kilmurry

In Loving Memory

We extend our sympathy to the Nolan family, Rosmanagher Road, on the death of **Violet Nolan R.I.P.** last weekend.

We remember all our loved ones and especially those whose anniversaries occur at this time. **Rest in Peace.**

Fri. 22nd	7.00 p.m.	Dessie Deegan (Months Mind)
Sat. 23rd	7.00 p.m.	Ann, Jimmy + Jim Roughan Ann O'Meara Frank Keogh
Sun. 24th	11.00 a.m.	Jack Lynch (Months Mind)
Sun. 31st	11.00 a.m.	John + AnnaMay Quilligan

Eucharistic Ministers Sixmilebridge next weekend.
 Saturday Team B Sunday Team C

In view of the current wave of Covid 19 circulating we ask you to please continue to wear face covering when in the Church and receive Holy Communion by hand only.

THE LORD'S PRAYER

**Our Father, who art in heaven,
 hallowed be Thy name.
 Thy kingdom come.
 Thy will be done on earth as it is in
 heaven.
 Give us this day our daily bread and
 forgive us our trespasses as we
 forgive those who trespass against us.
 And lead us not into temptation, but
 deliver us from evil.
 Amen.**



Lord Jesus, you were born of the Virgin Mary, daughter of Saints Joachim and Anne. Look with love on all grandparents. Protect them! They are a source of enrichment for families, for the Church and for all of society. Support them! As they grow older, may they continue to be for their families strong pillars of Gospel faith, Make them teachers of wisdom and courage, that they may pass on to future generations.

Lord Jesus, help families and society to value the presence and role of grandparents. May they never be ignored or excluded, but always encounter respect and love. Help them to feel welcomed in all the years of life which you give them.

Mary, Mother of all the living, keep grandparents constantly in your care, accompany them on their earthly pilgrimage, and by your prayers, grant that all families may one day be reunited in our heavenly homeland, where you await all humanity for the great embrace of life without end. Amen!

Elderly Person's Prayer

I thank You, Lord, for the comfort of Your Presence:
 Even in times of loneliness, You are my hope and my confidence,
 You have been my rock and my fortress since my youth!

I thank You for my family and for having blessed me with a long life.
 I thank you for moments of joy and difficulty, for the dreams that have already come true in my life and for those that are still ahead of me.

I thank You for this time of renewed fruitfulness to which You call me.

Increase, O Lord, my faith, Make me a channel of your Peace,
 Teach me to embrace those who suffer more than me, to never stop dreaming and to tell of your wonders to new generations.

Send Your Spirit, O Lord, to renew the world, that the storm of the pandemic might be calmed, and the poor consoled and wars ended.

Sustain me in weakness and help me to live life to the full in each moment that You give me, in the certainty that you are with me every day, even until the end of the age. **Amen.**

"It is very important to bring together the wisdom of the elderly and the enthusiasm of the young. The encounter between grandparents and grandchildren is key, especially in this moment of economic and social crisis that humanity is undergoing."

Pope Francis

Sixmilebridge G.A.A. Club Bingo every Monday night at 8.30 p.m. Your support is greatly appreciated.

Lotto: Numbers Drawn 1 18 25 32
Next Jackpot €12,200

Sixmilebridge G.A.A. Club Annual Scrap Metal Collection for 2022 is now up and running. The Club are looking for any type of scrap metal, Copper Cylinders, Copper Piping, Car and tractor Batteries. People can drop off at G.A.A. Hall any morning from 9 a.m - 12

'It's Cardiac Rehab' - A podcast series bringing together experts in cardiac rehab and patients who have attended cardiac rehabilitation. Topics included are exercise, medication, healthy eating and the psychological impact of living with heart disease. If you have had a cardiovascular event such as a heart attack, coronary artery stenting or coronary artery bypass surgery - log onto <https://irishheart.ie/services-for-you/its-cardiac-rehab-podcast/> for information and support!

Summertime Prayer

Lord, make our homes places of relaxation, joy, love, peace and safety.

May we be generous and considerate, not thinking only about ourselves, but helping others enjoy the blessings of the summertime.

Lord God, Creator of all things,
 Guide our steps and strengthen our hearts during these months of Summer and keep us safe.

Grant us refreshment of mind and body.

May we constantly strive to make a meaningful difference in the lives of our loved ones and in the world around us as we enjoy the warm days of Summertime.